

Figure 6: Matrix of tools

Clusters	Achenbach System of Empirically Based Assessment (ASEBA)	Beck Youth Inventories, Second Edition for Children and Adolescents (BYI-II)	Behaviour Assessment System for Children, 2nd Edition (BASC 2)	Behavioural and Emotional Rating Scale - Second Edition BERS-2	Child and Adolescent Needs and Strengths (CANS)	Dial Assessment	Ev-ASY©	General Self-Efficacy Scale (GSE)	Grit Survey	MTQ48 - the mental toughness measure	NPC Wellbeing Measure	Outcomes Stars	The Children's Society Wellbeing Tool	Resiliency Scales for Children and Adolescents	Rosenberg Self Esteem Scale	Self Image Profiles (SIP)	SelfSmart (www.selfsmart.org)	Strengths and Difficulties Questionnaire (SDQ)	The Resilience Scale	The Rickter Scale Process	The SOUL Record™	The Wakefield Risk and Resilience Framework	The Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS)	The Youth Advice Outcomes Toolkit	VIA Strength Survey for children	YP-CORE	
Communication				✓	✓	✓	✓			✓		✓				✓				✓	✓	✓				✓	
Confidence & Agency		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Creativity					✓	✓	✓			✓	✓	✓					✓			✓	✓	✓			✓		
Managing Feelings	✓	✓	✓	✓	✓	✓				✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Planning & Problem Solving					✓	✓	✓	✓	✓	✓		✓					✓		✓	✓	✓	✓	✓	✓	✓		
Relationships & Leadership			✓		✓	✓	✓			✓	✓	✓	✓	✓			✓			✓	✓	✓		✓	✓	✓	
Resilience & Determination	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓		✓	✓	✓	